

# STRENGTHS-BASED LEADERSHIP

T D A Y P R O G R A M



## OVERVIEW

According to research, the strengths-based approach to leadership is one of the most effective ways to create engagement, develop people, boost productivity and to encourage best performance.

The approach represents a transformational shift in focus from overcoming weaknesses, to capitalising on individual team members' strengths.

This approach is particularly important when some team members may feel that their sense of worth and contribution to an organisation has diminished due to recent circumstances.



## OBJECTIVES

- Understand the research supporting a strengths-based approach to leadership
- Identify your unique strengths as a leader
- Understand how our strengths can help and hinder our effectiveness
- Increase your ability to identify your team members' strengths to support their confidence and competence
- Use strengths to job craft and overcome stress
- Use a strengths-based approach to increase wellbeing and performance

## TO BOOK THIS PROGRAM OR DESIGN YOUR OWN...



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