

BUILDING A HIGH PERFORMANCE TEAM

1 DAY PROGRAM



OVERVIEW

Organisations rely on motivated, functioning teams to achieve success. This workshop teaches leaders how to develop teams using principles of positive psychology and team development models.

During this workshop leaders learn strategies to foster strong and trusting relationships with and between team members and understand how to get the best out of team members with different communication and working styles.

Participants will explore what factors contribute to developing a high performing team based on the latest research and strategies that work.

TO BOOK THIS PROGRAM OR DESIGN YOUR OWN...

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OBJECTIVES

- Describe the concept of a team, and its factors for success
- Understand the stages of team development
- Identify defining factors of high performing teams
- Apply the three key ingredients of motivation
- Understand how emotional intelligence and positive emotion contribute to high functioning teams
- Increase understanding of self and others' preferred communication and working styles
- Develop strategies to strengthen team member relationships

