

# COMMUNICATING WITH DISC

1/2 DAY PROGRAM



## OVERVIEW

Effective communication skills are critical for developing successful relationships with others. Organisations rely on people to communicate effectively.

This workshop gives participants the opportunity to increase awareness of your own communication style and the way it may affect others. You will learn techniques and strategies to clearly express your thoughts, feelings and opinions in a way that encourages others to openly engage with you.

Participants also learn strategies to recognise and adapt to the communication styles of others to improve tolerance, empathy, understanding and trust.



## OBJECTIVES

- Identify your communication style and how it impacts others
- Address the difference between your natural and learned styles
- Understand how to overcome miscommunication and frustration
- Enhance skills and knowledge to interact with others
- Modify your communication so you speak other people's 'language'

## TO BOOK THIS PROGRAM OR DESIGN YOUR OWN...



Phone  
**1300 709 925**



Website  
visit [www.wrenlearning.com.au](http://www.wrenlearning.com.au)  
for other programs



Email  
**bookings@wrenlearning.com.au**

