



Interviews can be nerve-wrecking experiences. People who are confident and articulate in interview create a positive impression on decision makers. Fortunately, though experience and rehearsal, we can all perform well in interviews.

This practical session focuses on giving participants valuable experience in participating in job interviews. You will learn skills to help you deal with the pressures of the interview process and answer questions with confidence so that you showcase your skills and experience.



- Prepare for individual, group, phone, and video interviews
- Learn strategies to manage stress and nerves
- Respond to behavioural-based questions with specific and relevant information
- Practise posture and voice methods that present the best impression
- Gain confidence through practise

## TO BOOK THIS PROGRAM OR DESIGN YOUR OWN...





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